

COMMONWEALTH OF MASSACHUSETTS  
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## **PRESS RELEASE**

**FOR IMMEDIATE RELEASE:**

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### **MASSACHUSETTS LEGISLATURE SUPPORTS GO RED FOR WOMEN MOVEMENT**

**BOSTON** – On Wednesday, February 4, the Massachusetts Caucus of Women Legislators, Co-Chaired by Senator Anne M. Gobi (D-Spencer) and Representative Gloria L. Fox (D-Roxbury), partnered with the American Heart Association for the annual Go Red For Women Movement at the State House.

Go Red For Women is the American Heart Association's national movement to end heart disease and stroke in women. More women than men die every year from heart disease and stroke – almost 1 in 3 women will die from it this year. The good news is that 80 percent of cardiac events can be prevented with education and lifestyle changes.

Legislators from across the state donned red in honor of National Wear Red Day to support the cause and raise awareness and advocate for more research and swifter action for women's heart health. Remarks were given by Senator Gobi, Representative Fox, Speaker of the House Robert A. DeLeo, Senate Majority Leader Harriette Chandler and survivor Jessica Diaz.

"I appreciate the wonderful support from my fellow legislators who attended the event and for their commitment to working with the American Heart Association to raise awareness about heart disease and strokes," said Senator Anne Gobi. "I am hopeful that with increased attention and advances in medicine that these silent killers will one day be eradicated."

"I never miss our Go Red for Women event here at the State House; this is important to me because African American and Latina women are impacted in high numbers," said Representative Gloria Fox. "We must continue to educate and bring awareness about heart disease and stroke across the Commonwealth, and I look forward to seeing the Heart Association doing local awareness events."

For more information on steps you can take to reduce your risk of heart disease and stroke, please visit:  
[GoRedForWomen.org](http://GoRedForWomen.org) or [Heart.org](http://Heart.org)

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